# SAMPLE CLIENT

Boston Business Center, Ten Post Office Square ■ Boston, MA ■ 1-800-989-8810 ■ support@regalresumes.com

Physiotherapist—Leveraging knowledge with top-notch care to optimize patient experiences.

B.Sc. in Kinesiology; pending Master's degree in Physiotherapy. Clinical experience includes Pediatric Neuro-Developmental, Outpatient Orthopedics, and Cardiorespiratory Clinical Placements. Gained valuable knowledge and experience in physiotherapy through observation and hands-on participation.

- Demonstrated the ability to work effectively in interprofessional collaborations, including interactions with nurses, therapists, surgeons, pediatricians, and other health care professionals. Earned recognition for contributions.
- Maintained excellent treatment, care, and compassion for patients with a broad range of conditions and afflictions. Frequently commended by patients and family members for level of care and concern. Provided valuable education and information to patients and families regarding ongoing treatment exercises.
- Learned the importance of using equipment and tools properly, ensuring detailed histories and charting, maintaining compliance with organizational and government regulations, and providing top-quality care...

"I have known Sample Client for approximately two years...she is a mature, motivated, conscientious, and an academically successful student who consistently made enthusiastic and meaningful contributions to in-class discussions...she has brought 100% to all of her C/R clinical encounters and related clinical placements."

- Professor, Sample University

# **Clinical Experience**

SAMPLE HOSPITAL – Boston, MA – 1/2012-2/2012

Pediatric Neuro-Developmental Student Clinical Placement

Worked jointly with health care professionals that included SLPs, OTs, SWs, pediatric neurologists, and pediatricians. Provided treatment to children with a broad range of conditions that included CP, Torticolis, Autism, Spina Bifida, Down Syndrome, Juvenile Arthritis, Hemophilia, and numerous others. Compiled detailed history from parents/guardians and assessed both physical functions and abilities of patients. Prepared customized treatment plans, executed treatment frequently with SLP/OT, provided home exercises and education, and participated in family/case management meetings.

- □ Gained valuable experience in a short time period through numerous activities and observations, starting off in SICU and learning extensively about acute care, x-rays, pre-op sessions, and chest/abdominal post surgeries. Attended CF clinic with CI 1x per week and viewed CABGx1 and AVR replacements.
- Observed the respiratory team and worked with the cardiac rehabilitation team. Followed patients with various cardiac-respiratory problems, including COPD, cancer, and acute illnesses. Aided patients with MSK issues. Viewed patients within MICU daily. Worked closely with families on cases
- □ Followed C2-3 complete SCI patient for 6 weeks, receiving positive feedback from patient and her spouse for level of care. Empowered spouse/patient by helping them understand best courses of action. Worked effectively with 3 year-old patient with CF. Gained positive feedback from CIs for contributions and attitude.
- □ Created quickly copies for physic to present to guardians regarding home stretches and exercises for children with CP and torticolois/plagiocephaly.

SAMPLE INFIRMARY – Boston, MA – 6/2011-7/2011

Outpatient Orthopedics Student Clinical Placement

Assessed physical functions and limitations of patients with various muscoskeletal conditions. Developed patient-focused goals and implemented individualized treatment plans, setting up clients for classes as needed. Monitored patient progress frequently and evaluated effectiveness of interventions. Participated in orthopedic surgeons' clinics, with instructors analyzing need for x-rays, MRIs, further investigations, and other key matters. Viewed TKR and removal of external fixators on bilateral tibias post-op fracture/distraction to increase height.

- □ **Developed personal style in conducting objective and subjective exams.** Followed different physios once a week assessed patients effectively with acute soft tissue injuries, providing them with appropriate management techniques.
- □ Participated in hydrotherapy sessions 3x per week with other therapists. Completed triaging and other activities (including triage-type clinics), occasionally teaming up with therapists to treat patients jointly. Sat in with senior who took on more complicated patients; participated with another senior on shoulder group classes.
- □ Improved charting process by conversion from paper to electronic format. Demonstrated additional flexibility in adapting to change within a new environment.

SAMPLE HOSPITAL – Boston, MA – 4/2011-6/2011

## **Cardiorespiratory Student Placement**

Provided physiotherapy services in both SICU/MICU and General Surgery Floor for 4 weeks each, gaining exposure to physiotherapy services in outpatient Cystic Fibrosis and Cardiac Rehabilitation clinics and inter-professional experience with Respiratory Therapy. Conducted cardiopulmonary assessment, treatment, and education; participated in rounds for patients under care. Performed chart reviews and online charting. Viewed Aortic Valve Replacement and Bipass Surgery.

- □ Followed patient closely for 4 weeks (high-level SCI). Interacted with and scheduled appropriately in joint effort with other health care professionals. Participated in milestones for patient, representing the most influential experience in terms of wanting to become a physiotherapist in ICUs and working with patients in an acute care setting.
- □ Gained valuable experience in interprofessional collaborations. Worked with children from newborns to 6 years old, assessing pediatric neuro-development and interacting with SLP, OT, Pediatricians, and Pediatric Neurologist. Shadowed SLP for a day and worked with school therapist.

"I supervised Sample Client during a eight week cardio respiratory student placement...she displayed a keen interest in the work she was doing...was excellent at motivating her patients using good communication skills...dealt well with constructive criticism, always open to hear new concepts and ideas...definitely was a self starter..."- Clinical Instructor

# **Additional Experience**

Lifeguard / Swim Instructor, SAMPLE AQUATICS – Boston, MA – 2008-2010

Taught swimming lessons to children that ranged in ages from preschool to level 10. Monitored swimmers in various swim sessions. Gained increase in responsibilities from prior lifeguard/instructor position, including increased interaction with the public and more swimmers to monitor.

"Thank you for all the work you have done...for your patience in showing me various physio techniques...we've genuinely appreciated you throughout the last number of weeks...will certainly miss your encouragement."- Client

## **Education & Credentials**

Master of Science in Kinesiology, Physiotherapy Program, In Progress MASSACHUSETTS UNIVERSITY, Boston, MA, Expected Graduation: 10/2012

Bachelor of Science in Kinesiology

MASSACHUSETTS UNIVERSITY, Boston, MA, 2010

#### **Professional Training & Certifications**

Pain Course, Local Clinician; Use of Excel, PowerPoint, Word, Minitab. Received nationals in pool; certified in national's waterfront (WSI). National Lifeguard Service, CPR, Standard First Aid, and Red Cross Instructors, Oxygen, and AED.

#### **Awards**

Entrance Scholarships, Massachusetts University, 2006, 2010; Dean's List, Massachusetts University, 2008-2010; The 2008 Sample Award, YMCA of Boston, MA.